



# OUR FIVE MOMENTS OF HAND HYGIENE

With every patient interaction, you will come in to contact with multiple surfaces. Hand hygiene between these areas will minimise the level of microbial burden on patient care equipment, vehicles and frequently touched areas. Determining the right type of hand hygiene at each point is essential to prevent cross infection between patients and improve overall staff safety. Please recognise and remember the difference between a Patient Zone (red), a Clean Healthcare Worker Zone (green) and a Healthcare Worker Zone (yellow).