

# HAND HYGIENE AT THE HOSPITAL

The Patient Zone (red) is considered to be any area where the patient can touch or would have personal items, and should be considered contaminated. The Healthcare Worker Zone (yellow) is where medical equipment and consumables are stored. Hand hygiene between entering and departing these two areas is essential to avoid the contamination of the patient into the Healthcare Worker Zone and vice versa.



## CLEAN HEALTHCARE WORKER ZONE

Conduct hand hygiene before entering a Clean Healthcare Worker Zone.

## HEALTHCARE WORKER ZONE

Conduct hand hygiene before accessing clean equipment e.g. in overhead lockers and medication draws.

## PATIENT ZONE

Conduct hand hygiene before and immediately after leaving the Patient Zone.